

Curriculum Vitae

Personal Data

Title	Prof. Dr. phil.
First name	Ulrich W.
Name	Ebner-Priemer
Current position	W3 Professor
Current institution(s)/ site(s), country	Mental mHealth Lab, Institute of Sports and Sports Science & House of Competence, Faculty of Humanities and Social Sciences, Karlsruher Institut für Technologie (KIT), Germany
Identifiers/ORCID	0000-0002-2769-5944

Qualifications and Career

Stages	Periods and Details
Degree programme	1991–1998 Psychology, Universität Mannheim and Albert-Ludwig-Universität Freiburg, Germany
Doctorate	2003 Dissertation, Psychology, “Psychophysiological Ambulatory Monitoring in Psychiatric Research”, Universität Freiburg, Germany
Stages of academic/ professional career	2020–present Head of “mHealth methods in psychiatry”, Central Institute of Mental Health (CIMH), Mannheim, Germany
	2010–present Chair of Applied Psychology, KIT, Germany
	2008–2010 Interim professor, Department of Educational Psychology & House of Competence, University of Karlsruhe (TH), Germany
	2005 Visiting scholar, BRTC (Prof. M. Linehan), University of Washington, Seattle, USA
	2003–2008 Postdoctoral Fellow, Central Institute of Mental Health, Mannheim, Germany
	1999–2003 PhD student, University of Freiburg, Medical School, Germany
	1998–1999 Research Assistant, Psychophysiology Research Unit, University of Freiburg, Germany

Engagement in the Research System

since 2020	Chair, ECNP network Digital Health
since 2016	Head of the PhD committee, Faculty of Humanities and Social Sciences, KIT, Germany
since 2013	Executive Director, House of Competence, KIT, Germany
since 2012	Dean of Studies, Faculty of Humanities and Social Sciences, KIT, Germany
2012–2017	President of the Society for Ambulatory Assessment

Editorial board memberships

since 2022 Journal Neuroscience Applied
2021–2023 Journal of Clinical Psychological Science
2015–2022 Journal of Abnormal Psychology
since 2014 Journal of Borderline Personality Disorder and Emotion Regulation

Supervision of Researchers in Early Career Phases

- Long-standing and regular contributions to training for national and international PhD students in Ambulatory Assessment offering e.g., workshops at KIT twice a year since 2014 (https://www.ifss.kit.edu/Forschung_Psychologie_Workshops_AmbulatoryAssessment.php). Several of my PhD students won best paper awards and Early Career Research Awards. Two of my longstanding co-workers achieved a Professor position (Prof. Dr. P. Santangelo, Prof. Dr. M. Reichert). Since 2000, personal supervision of 12 PhD students.

Scientific Results

Contributions:¹Conceptualization/Methodology, ²Analysis, ³Investigation, ⁴Funding Acquisition, ⁵Writing

Category A (10 selected publications out of 149)

- Timm C, , **Ebner-Priemer UW**^{1,2,3,5}, ..., Kuehner C: Mindfulness-based attention training improves momentary cognitive and affective processes in daily life in patients with recurrent depression. A randomized controlled trial. *Psychotherapy and Psychosomatics* 2018; 87:184-186. DOI: 10.1159/000488862
- Deeken F, ..., **Smolka M, Ebner-Priemer UW**^{1,4,5}: Patterns of alcohol consumption among individuals with alcohol use disorder during the COVID-19 pandemic and lockdowns in Germany. *JAMA Netw Open* 2022; 5(8):e2224641. DOI: 10.1093/schbul/sbab037
- Kockler TD, ..., **Ebner-Priemer UW**^{1,2,3,4,5}: Self-esteem instability might be more characteristic of borderline personality disorder than affective instability: Findings from an e-diary study with clinical and healthy controls. *J Psychopathol Clin Sci* 2022; 131(3):301-313. <https://doi.org/10.1037/abn0000731>
- Gan G, ..., **Ebner-Priemer UW**^{1,5}, Meyer-Lindenberg A, Tost H: Neural correlates of affective benefit from real-life social contact and implications for psychiatric resilience. *JAMA Psychiatry* 2021; 78(7):790-792. DOI: 10.1001/jamapsychiatry.2021.0560
- Reichert M, Braun U, Gan G, **Ebner-Priemer UW**^{1,2,4,5}, Tost H, Meyer-Lindenberg A: A neural mechanism for affective well-being: Subgenual cingulate cortex mediates real-life effects of nonexercise activity on energy. *Sci Adv* 2020; 6(45):eaaz8934. DOI: 10.1126/sciadv.aaz8934
- Reichert M, ..., **Ebner-Priemer UW**^{1,2,5}, Hartmann A, Zeeck A: Mood and dysfunctional cognitions constitute within-subject antecedents and consequences of exercise in eating disorders. *Psychother Psychosom* 2020; 89(2):119-121. DOI: 10.1159/000504061
- Ebner-Priemer UW**^{1,2,3,5}, Santangelo P: Digital phenotyping: Hype or hope? *Lancet Psychiatry* 2020; 7(4):297-299. DOI: 10.1016/S2215-0366(19)30380-3
- Trull TJ, **Ebner-Priemer UW**^{1,2,3,5}: Ambulatory assessment in psychopathology research: A review of recommended reporting guidelines and current practices. *J Abnorm Psychol* 2020; 129(1):56-63. DOI: 10.1037/abn0000473

Tost H, ..., **Ebner-Priemer UW**^{1,2,3,5}, Zipf A, Meyer-Lindenberg A: Neural correlates of individual differences in affective benefit of real-life urban green space exposure. *Nat Neurosci* 2019; 22(9): 1389-1393. DOI: 10.1038/s41593-019-0451-y

Trull TJ, **Ebner-Priemer UW**^{1,2,5}: Ambulatory Assessment. *Annual Review of Clinical Psychology* 2013; 9:151-176. DOI: 10.1146/annurev-clinpsy-050212-1855103

Category B

Mehl M, ..., **Ebner-Priemer UW**^{1,5}: Handbook: Mobile Sensing in psychology: Methods and applications. The Guilford Press 2023. ISBN:9781462553105

Hofmann S, ..., **Ebner-Priemer UW**^{1,4,5}, ..., Lenz B, ReCoDe-Consortium: Associations of menstrual cycle and progesterone/estradiol ratio with real-life alcohol consumption in alcohol use disorder: A sex-separated multicenter intensive longitudinal study. *Am J Psychiatry* 2023. In press.

Science communication (selected)

since 2021 "Get Digital online series", ECNP network Digital Health

since 2005 Colloquium Ambulatory Assessment: Regular international symposia to promote and widen the use of ambulatory assessment

Academic Distinctions

2015 Offer W3 professorship "Applied Emotion and Motivation Psychology" (declined), University of Ulm, Germany

Other Information

For more than a decade Ebner-Priemer and his team from the mental mHealth lab at KIT has been developing and providing validated mobile infrastructures for multicentre projects in mental health research, funded by DFG (TRR 265; GRK 2739), BMBF (BipoLife, TherapyBuilder, Relater, Star, START) and EU Horizon 2020/Europe (CoCa, Eat2beNice, Psych-Strata).