

## Curriculum Vitae

### Personal Data

Title	Prof. Dr. rer. nat. Dipl.-Psych.
First name	Stefan
Name	Hofmann
Current position	W3 Alexander von Humboldt Professor and LOEWE Spitzenprofessur
Current institution(s)/ site(s), country	Institute of Clinical Psychology and Psychotherapy, Faculty of Psychology, Philipps-Universität Marburg (UMR), Germany
Identifiers/ORCID	0000-0002-3548-9681

### Qualifications and Career

Stages	Periods and Details
Degree programme	1985–1990 Psychology, UMR, Germany
Doctorate	1993 Dissertation, Psychology, “A Critique on the DSM-III-R Classification of Situational Phobias: Studies on Speech Phobia and Driving Phobia”, UMR, Germany
Stages of academic/ professional career	<p>2021–present Alexander von Humboldt Professor and LOEWE Spitzenprofessur for Translational Clinical Psychology, UMR, Germany</p> <p>2008–present Professor, Department of Psychology, Boston University, USA</p> <p>2008–2012 Guest Professor, Radboud University Nijmegen, Netherlands</p> <p>2006 Sabbatical, University of Würzburg, Germany</p> <p>2003–2008 Associate Professor, Department of Psychology, Boston University, USA</p> <p>2003 Tenure, Department of Psychology, Boston University, USA</p> <p>1999–2003 Assistant Professor (tenure track), Department of Psychology, Boston University, USA</p> <p>1996–1999 Research Assistant Professor, Department of Psychology, Boston University, USA</p> <p>1994–1996 Research Scientists, University at Albany, State University of New York, USA</p> <p>1993–1994 Research Associate, Department of Psychology, University of Dresden, Germany</p> <p>1993 Research Associate, Department of Psychology, University of Göttingen, Germany</p> <p>1991–1993 Visiting Scholar (DAAD Promotionsstipendium), Department of Psychiatry and Behavioral Sciences, Stanford University, Palo Alto, USA</p>

### Supplementary Career Information

- 1998 Licensed Psychologist, State of Massachusetts; License #7268  
1994 Permission to Practice Psychotherapy as a Profession in Germany

### Engagement in the Research System

- since 2021 President, Academy of Cognitive Therapy  
2019 DSM-5-Text Revision, Member of the Revision Process of Culture-related Diagnostic Issues of Anxiety Disorders  
2019 Member of the Academic International Advisory Committee of the Beck Institute  
2018 Member of the Academic Program Review Committee of the College of Health and Rehabilitation Sciences, Sargent College, Boston University, USA  
2017 Chair, local organizing committee of the Society for Affective Science, Boston  
2014–2017 President, International Association for Cognitive Psychotherapies  
2013–2014 Visiting Endowed Chair in Health Disparities Research, University of Puerto Rico  
2012–2013 President, Association for Behavioral and Cognitive Therapies  
2008–2010 Representative-at-large, Association for Behavioral and Cognitive Therapies  
since 2008 Scientific Advisory Board, Anxiety Disorder Association of America  
2007–2011 Board Member, Academy of Cognitive Therapy  
2007–2012 Member of Data and Safety Monitoring Board of an NIMH multicenter treatment trial, entitled Pharmacotherapy Relapse Prevention in BDD (PIs: Sabine Wilhelm and Katherine Phillips).  
2003–2005 President, Anxiety Disorders Special Interest Group of the Association for the Advancement of Behavior Therapy

### Supervision of Researchers in Early Career Phases

- Long-standing and regular contributions to multidisciplinary training for national and international undergraduate, graduate and postgraduate students, offering lectures, practical courses and seminars on different topics.

### Scientific Results

Contributions:<sup>1</sup>Conceptualization/Methodology, <sup>2</sup>Analysis, <sup>3</sup>Investigation, <sup>4</sup>Funding Acquisition, <sup>5</sup>Writing

#### Category A (10 selected publications out of more than 500)

Taschereau-Dumouchel V, Michel M, Lau H, **Hofmann SG**<sup>1,2,3,5</sup>, LeDoux JE: Putting the 'mental' back in 'mental disorders': Lessons from research on fear and anxiety. *Mol Psychiatry* 2022; 27(3):1322- 1330. DOI: 10.1038/s41380-021-01395-5

Simon NM, **Hofmann SG**<sup>1,2,3,4,5</sup>, ..., Khalsa SBS: Efficacy of yoga vs cognitive behavioral therapy vs stress education for the treatment of generalized anxiety disorder: A randomized clinical trial. *JAMA Psychiatry* 2021; 78(1):13-20. DOI: 10.1001/jamapsychiatry.2020.2496

Hayes SC, **Hofmann SG**<sup>1,2,3,5</sup>: "Third-wave" cognitive and behavioral therapies and the emergence of a process-based approach to intervention in psychiatry. *World Psychiatry* 2021; 20(3):363-375. DOI: 10.1002/wps.20884

Phelps EA, **Hofmann SG**<sup>1,2,3,5</sup>: Memory editing from science fiction to clinical practice. *Nature* 2019; 572(7767):43-50. DOI: 10.1038/s41586-019-1433-7

**Hofmann SG**<sup>1,2,3,5</sup>, Hayes SC: The future of intervention science: process-based therapy. *Clin Psychol Sci* 2019; 7(1):37-50. DOI: 10.1177/2167702618772296

Whitfield-Gabrieli S, ..., **Hofmann SG**<sup>1,3,4, 5</sup>, Pollack MH, Gabrieli JD: Brain connectomics predict response to treatment in social anxiety disorder. *Mol Psychiatry* 2016; 21(5):680-5. DOI: 10.1038/mp.2015.109

**Hofmann SG**<sup>1,2,3,4,5</sup>, ..., Pollack MH: D-Cycloserine as an augmentation strategy with cognitive- behavioral therapy for social anxiety disorder. *Am J Psychiatry* 2013; 170(7):751-8. DOI: 10.1176/appi.ajp.2013.12070974

**Hofmann SG**<sup>1,5</sup>, Grossman P, Hinton DE: Loving-kindness and compassion meditation: potential for psychological interventions. *Clin Psychol Rev* 2011; 31(7):1126-32. DOI:10.1016/j.cpr.2011.07.003

**Hofmann SG**: Cognitive processes during fear acquisition and extinction in animals and humans: Implications for exposure therapy of anxiety disorders. *Clin Psychol Rev* 2008; 28(2):199-210. DOI: 10.1016/j.cpr.2007.04.009

**Hofmann SG**<sup>1,2,3,4,5</sup>, ..., Otto MW: Augmentation of exposure therapy with D-cycloserine for social anxiety disorder. *Arch Gen Psychiatry* 2006; 63(3):298-304. DOI: 10.1001/archpsyc.63.3.298

## Category B

n/a

## Science communication

n/a

## Academic Distinctions

- since 2021 Alexander von Humboldt Professur
- since 2021 LOEWE Spitzenprofessur
- 2023 Career/Lifetime Achievement Award, Association for Behavioral and Cognitive Therapies
- 2019 DSM-5-Text Revision of culture related diagnostic issues of anxiety disorders
- 2018 Member, Academia Europae
- 2017 Alexander von Humboldt Research Award
- 2017 APF Spielberger Empathy award
- since 2015 Highly Cited Research (Clarivate Analytics)
- 2015 Aaron T Beck Lifetime Achievement Award
- 2014–2017 President, International Association for Cognitive Psychotherapy
- 2014 Visting Endowed Chair in Health Disparities Research, University of Puerto Rico
- 2014 Fellow, American Psychological Association
- since 2012 Editor, Cognitive Therapy and Research
- 2012–2013 President, Association for Behavioral and Cognitive Therapies
- 2011 Fellow, Association for Psychological Science
- 2010 Outstanding Service Award, Association for Behavioral and Cognitive Therapies

- 2008–2013 Advisor to the DSM-5 Development Process, Anxiety Disorders Sub-Work Group
- 2003 Beck institute Scholar
- 2000 NARSAD Young Investigator Award
- 1998 NIMH FIRST Award
- 1997 NARSAD Young Investigator Award
- 1991 DAAD Dissertation Fellowship

**Other Information**

n/a